

# Watching TED

ideas worth  
spreading

**Before you watch...** log into [www.ted.com](http://www.ted.com) and choose a lecture that interests you. **Think about** the title of the lecture and what you want to know about the subject. **Make some notes.**

## What I know about the subject:

1	4
2	5
3	6

**While you watch...** make notes of the main points of the lecture

## Main Points

## Finding it difficult?

1. Just focus on **the first 5 minutes** of the lecture. Do the rest another time.
2. First time – watch with **no** subtitles. Try to follow the lecture. Then watch it again **with** subtitles or open the **interactive transcript**.
3. A lot of the lectures have **translations**. You might want to **watch in English and follow the transcript in your first language**.